



**Your doctors.
Your health plan.
They've got
one priority: You.**

Say hi to Colorado Doctors Plan from UnitedHealthcare and Centura Health.

Built with lower out-of-pocket costs, a simpler experience and a community of care in mind, Colorado Doctors Plan™ sets its sights on creating a strong connection between you and your primary care physician (PCP)—so you've always got a doctor in your corner guiding you to the care you need and helping you avoid cost surprises.



Lower out-of-pocket costs.

- \$0 copays for PCP visits.
- \$0 copays for urgent care visits.
- \$0 copays for online doctor visits.



A simpler experience.

- Easier ways to search for a provider.
- More convenient ways to get prescriptions.
- More supportive ways to reach health goals.



A community of care.

- Same-day/next-day PCP appointments.
- 24-hour online doctor visits.
- 24-hour access to a nurse via phone.

CONTINUED



Together. In health. That's the plan.

UnitedHealthcare's digital tools and online resources help make managing your health—and health plan—easier and more convenient. Here are just a few examples of what's included.



Access your plan easily.

myuhc.com® is your personalized health hub. Find a doctor, manage your claims, estimate costs and more.



Get your info on the go.

With the **UnitedHealthcare**® app, you can find nearby care, video chat with a doctor 24/7, see your health plan ID card—and even log in with Touch ID®.



Have fun and get healthier.

With **Rally**®, you get personalized support to help you achieve your health goals—and you can earn rewards along the way.



Lose weight, feel great.

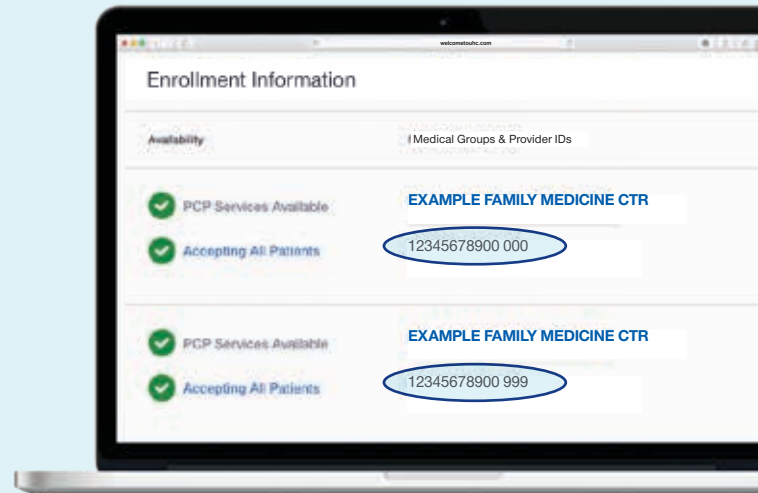
Our **Real Appeal**® program can help you lose weight through personal coaching, 24/7 online support, a mobile app and more.

Choosing your primary care physician.

This health plan requires you to select a network PCP for each covered family member. To do so, you'll need to first locate Colorado Doctors Plan, and then make your selection from a list of PCPs within the network.

To get started:

- 1 Go to welcometouhc.com/colorado-doctors-plan, select **Benefits** in the top navigation and choose **Find a Doctor or Facility**. Then, select **Colorado Doctors Plan**.
- 2 To make your PCP selection from a list of providers within the network, choose **All Primary Care Physicians**, then find and click on the name of the PCP you want.
- 3 Finally, please write down the **provider's 14-digit ID number**—you'll need it to enroll!



Call: 1-800-349-0574 (TTY 711)
8 a.m.–8 p.m. MT, Monday–Friday

Visit: welcometouhc.com/colorado-doctors-plan



This plan is available to residents living in the Colorado counties of Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, El Paso and Jefferson.

The UnitedHealthcare® app is available for download for iPhone® or Android™. iPhone and Touch ID are registered trademarks of Apple, Inc. Android is a trademark of Google LLC.

Rally Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Real Appeal is a voluntary weight loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program. Images with PCP names and Physician ID numbers are for illustration only. Physician ID number will be different for each provider.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.

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